

# Smile!

A smile is often the first thing a person notices about you. Are you happy with yours?

These are the top 10 ways we can improve your smile. Please tick the relevant boxes if you are interested in any of the procedures or would like further information.

- 1 Do you think that your teeth are too dark or discoloured?  
Tooth whitening is a simple procedure that can produce amazing results.

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- 2 Are the tips of your teeth uneven?  
Re-contouring or levelling the tips of your teeth can improve your smile.

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- 3 Do you have old or stained fillings visible when you smile?  
Tooth-coloured composite restorations can make them almost invisible.

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- 4 Are any of your teeth unsightly or misshapen?  
Veneers or tooth-coloured composite additions can help them to blend in.

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- 5 Do you have old crowns on your front teeth that look unsightly?  
Replacing them with natural looking crowns can improve your appearance.

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- 6 Do you have large unsightly old fillings?  
Tooth-coloured restorations, including white fillings or inlays, can make your back teeth look white again.

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- 7 Do you have missing teeth which you would like restored?  
Partial dentures, bridges or implants can fill these spaces.

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- 8 Do you have a denture which looks or feels false?  
Natural looking cosmetic dentures can improve the appearance and fit, and give a better bite.

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- 9 Are your teeth stained? Or are your gums red, swollen or uneven?  
Periodontal treatment can improve the appearance of both the teeth and the gums.

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- 10 Are your teeth twisted, crowded or out of line?  
Orthodontic treatment (braces) can be used at any age to improve your smile.

On a scale of 1-10 how happy are you with your smile.

Unhappy 😞 1  2  3  4  5  6  7  8  9  10  😊 Very happy

If you could wave a magic wand what would you most like to change about your smile?

Any member of the dental team will be happy to speak to you about any of these procedures.

### Your Details:

Name

Address

Telephone